




READING YOUTH CABINET

Campaign Presentation

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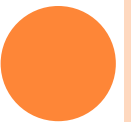


AN INTRODUCTION TO OUR CAMPAIGNS

- PSHE
 - Database for teachers
 - Poster Campaign to raise awareness
- Mental Health
 - Borough-wide survey
 - Improved awareness/knowledge of the specialist school nurse service.



MENTAL HEALTH

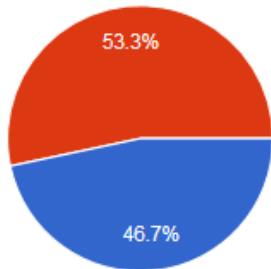


MENTAL HEALTH SURVEY RESULTS:

Have you had any assemblies or PSHE lessons about mental health?



Are you aware of a specialist school nurse?



Yes	126	46.7%
No	144	53.3%

Wednesday lunchtimes.

I don't know.

don't know

Wednsdays

dunno

we have had an assembly but it was really short

On a Wednesday

Lunch on a Wednesday



YOUNG MINDS

The voice for young people's **mental health and wellbeing**

'There is considerable stigma associated with mental health.'

'It has been found that providing young people with lessons on mental health in school improves attitudes to mental health'- Young Minds PSHE response review



WHAT WE AIM TO ACHIEVE

- Increase awareness of services available to young people i.e. specialist school nurse
- Increased school support- especially through P.S.H.E and assemblies
- Increased student input into mental health education
- Increased funding to school nurse services
- Feedback



P.S.H.E.



YOUNG MINDS

The voice for young people's **mental health and wellbeing**

“We believe that PSHE should complement the wider curriculum and ensure that young people have a rounded education that equips them to cope with everyday life and their development into adulthood.”

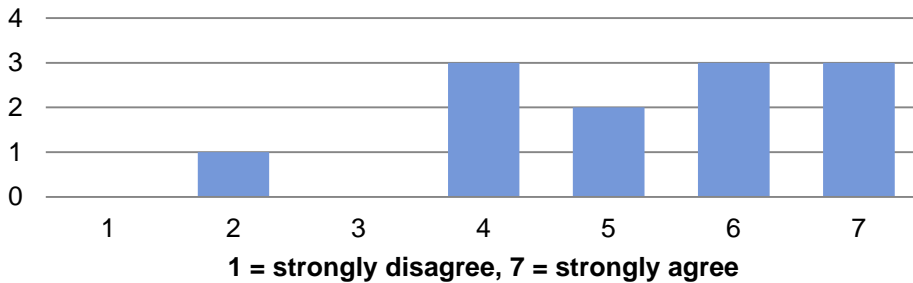
Academic qualifications are important, but young people also need to develop emotional resilience, life and social skills



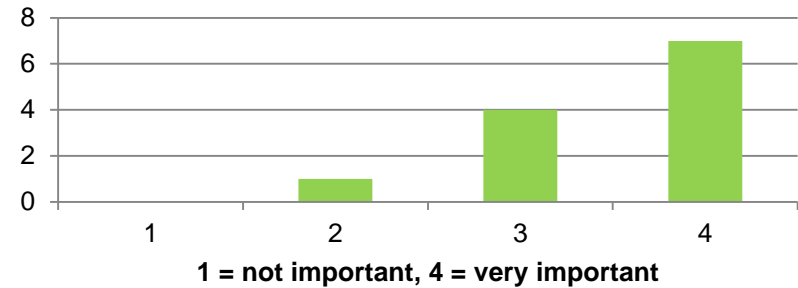
PSHE- EVIDENCE

TEACHERS

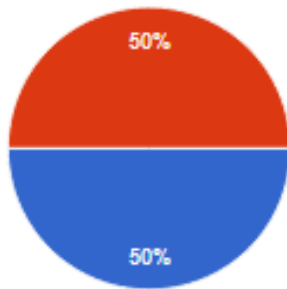
Would you like more PSHE resources to be available to you?



Do you regard PSHE as an important subject, in comparison to other subjects, e.g. Maths?



Have you had training for teaching PSHE?



“Not at all, I have had no formal training to teach what can be quite delicate subjects. I rely largely upon my own life experience and knowledge. A subject like this requires specialisation.”

- Given in response to the question **“Do you think you've been given sufficient training in dealing with the issues raised by PSHE lessons?”**

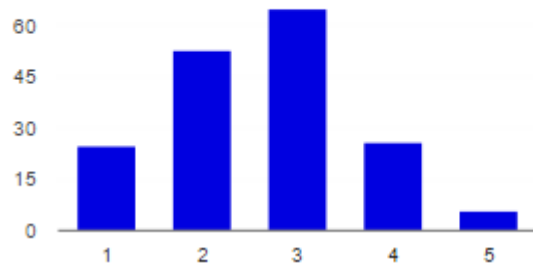


PSHE- EVIDENCE

STUDENTS

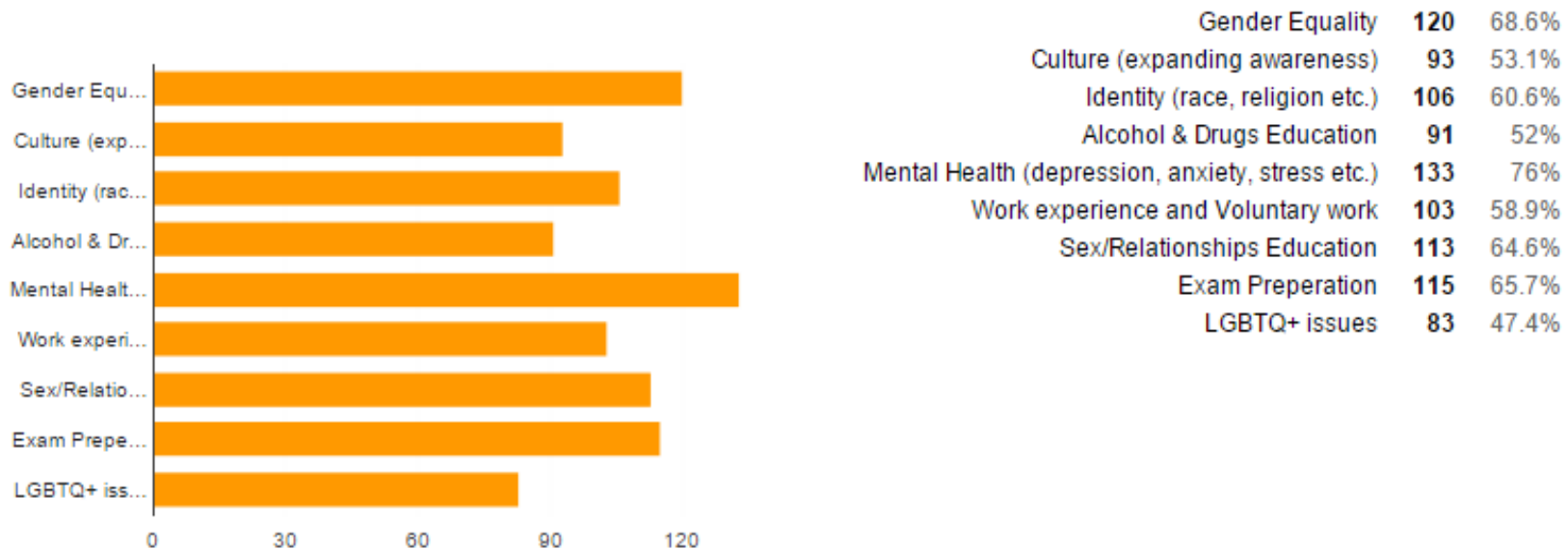
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Overall, how would you rate PSHE in terms of effectiveness?



1 = ineffective, 5 = very effective

Here are the main topics that we think the PSHE curriculum should cover, which ones do you agree with?



AIMS

- Create an online databank of resources
- Give guidance to teachers about sensitive subjects, and to show them a young person's viewpoint
- Write lesson plans focused on the subjects that young people want to learn about

These are our proposed subjects that we think need to be covered in PSHE lessons?

